

Gridiron Gold Sheet Football Newsletter

Dennis Stagliano's Gridiron Gold Sheet
An Award Winning Football Newsletter Since 1981

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GRIDIRON GOLD SHEET NFL BEST BETS 38-25 60% + 10.5 NET UNITS INTO 2019 FINAL ISSUE

Merry XMAS & Happy New Year to everyone

NFL Football Recap

-- The Atlanta Falcons were just 1-7 SU heading into their Week 9 bye, and it seemed like a foregone conclusion that head coach Dan Quinn would be fired, and that there would be some major staff and personnel changes. The Falcons banded together in Week 10 and pulled off a stunner, winning 26-9 at 13.5-point underdogs in New Orleans on Nov. 10, and that kicked off a 5-2 SU run to get back to 6-9 SU heading into the Week 17 finale at Tampa Bay. For the Falcons, they have showed no quit, and their defensive line play has been brutal - to opposing quarterbacks - in the second half. As mentioned, they face the Bucs in Week 17 at Raymond James Stadium, as the revenge tour continues. Bettors are finding the Falcons to be a tremendous value lately. They started out 1-6 ATS in the first seven games, but they're 6-2 ATS across the past eight contests. That includes a 3-0 ATS run on the road, which makes them worth watching heading into the RayJay on Sunday. The Falcons are 2-5-1 ATS in the past eight trips to Tampa, while the home team is 4-1 ATS in the past five meetings. The 'over' is also 6-1 in the previous seven. -- There were two games with a total of 50 or greater -- Houston Texans-Tampa Bay Buccaneers (50.5) and Arizona Cardinals-Seattle Seahawks (51) each ended up going under. The Saturday game between the Texans and Bucs never materialized into a shootout. Well, it started out that way, as the teams combined for 34 points in the first half, but they totaled just three field goals in the final 30 minutes. It's like someone turned off the offensive spigot. In the game with the highest total on the board, one of the starting quarterbacks was lost to injury. So that's understandable why the game ended up going under - although it's not the quarterback you'd think. QB Kyler Murray (hamstring) left the game early in the second half due to injury, but the Cards offense didn't skip a beat. They kept their foot on the gas, as supposed MVP candidate QB Russell Wilson didn't do much of anything on offense. The Seahawks had two scoreless quarters, and they managed a total of just 13 points on their home turf. The two games with a total of 49 -- Baltimore Ravens-Cleveland Browns and New Orleans Saints-Tennessee Titans -- ended up splitting. The Ravens did their part, but the Browns managed just 15 points after hanging a 40-burger on Balto. earlier this season. The Saints and Titans combined by 66 points in the third-highest scoring game of the weekend. The Pittsburgh Steelers-New York Jets (36.5) was easily the lowest score on the board, and it never came close to hitting 'over'. The Steelers and Jets were tied 10-10 at halftime, but Pittsburgh's passing offense tossed up a bunch of 'ducks', and they were unable to score in the final 30 minutes. The Jets didn't do much better, scratching out just two field goals, but they ended up falling 16-10 to old buddy RB Le'Veon Bell and the Jets in a costly loss.

The SNF game between the Kansas City Chiefs-Chicago Bears (45.5) hit the 'under', now 13-4 on the season. The 'over' is just 17-30 (36.2%) during the 2019 primetime schedule, a stark change from previous seasons when the games under the lights were high-scoring affairs.

PRO FOOTBALL BEST BET

Atlanta at TAMPA BAY Over 48 by 13

Atlanta Falcons will go to Raymond James Stadium to take on the Tampa Bay Buccaneers in Tampa, Florida, next Sunday. The Atlanta Falcons are coming off of a win over the San Francisco 49ers that surprised many. The victory created Atlanta's winning streak that they are currently on.

The Atlanta Falcons will just be looking to try to get a victory for pride and divisional bragging rights as the Falcons are 5-9 on the season and do not have any chance at the playoffs. The Falcons have had an up-and-down season as the record shows, proving that they can beat the best teams in the NFL with their window the San Francisco 49ers and the New Orleans Saints, but they've lost nine games last season and have been too inconsistent.

The Tampa Bay Buccaneers are coming off a close 23-20 loss to the Houston Texans on Saturday. The loss snapped a four-game winning streak of a Tampa Bay Buccaneers were on.

The Tampa Bay Buccaneers are 7-8 on the season, proving how inconsistent they have been this season. All of that inconsistency goes down to one person, to sum up, their season, that's Jameis Winston. Jameis Winston has an incredible amount of touchdowns, combined with the most interceptions in the league.

This will be a confusing game to try to pick as both teams have proven that they can beat any team if they are playing their best football. However, both sides have shown that they are too inconsistent and can be frustrating to watch. Winston is a frustrating quarterback to bet on as he can pull off some spectacular plays and some of the worst plays that you will see in the same game. However, that means he may score for both teams (Over is 11-4 for the Buccaneers this season).

Also, with all the injuries the Tampa Bay Buccaneers are dealing with, we think that that will be the main reason why they lose this game. Bucs players will not be coming off the injury list to play a meaningless game. Conversely, Matty Ice is a competitor, and he will be throwing the Pigskin often.

Toss a coin for the side winner in this game. We think the best play in this game is to **take the over 48** as we expect both teams to score 30.

Projected Score: Atlanta 31, Tampa Bay 30

PRO FOOTBALL BEST BET

Pittsburgh at BALTIMORE Under 41 by 8

The Pittsburgh Steelers go to Baltimore, Maryland to take on the Baltimore Ravens next Sunday at the M&T Bank Stadium. The Pittsburgh Steelers are fighting for a chance at the playoffs, as they will take the last spot in the AFC playoff if they're able to beat the Baltimore Ravens.

The Steelers have been exceptional on defense, as their offense cannot produce much with a fourth-string quarterback in Duck Hodges. The Steelers gave quarterback Lamar Jackson his worst game of the season when they faced off earlier in the season. However, Lamar Jackson is much better now that he has a full season under his belt, and is maybe the most dangerous player in the NFL. If the Steelers want any chance of winning, they are going to need to get TJ Watt to Lamar Jackson and Minkah Fitzpatrick to intercept the football.

The Baltimore Ravens are coming off of a game against the Cleveland Browns. The Ravens attempt to better their record for playoff seeding and attempt to continue their terrific offense that ranks first in points per game.

The Baltimore Ravens have been the best team in the NFL, as the Ravens have the most explosive player in the league currently, Lamar Jackson. It'll be interesting to see if the Baltimore Ravens decide to sit Lamar Jackson and give him some rest before the playoffs start, or if they choose to try to knock out their division rivals and get the Tennessee Titans in the playoffs. We think they'll prefer the Steelers in the playoffs with the Duck at QB rather than the dangerous Titans.

We don't think the Baltimore Ravens will care much for this game as mentioned earlier. Pittsburgh Steelers will. Also, Lamar Jackson's worst game was against Pittsburgh. We don't think that the Baltimore Ravens want to expose Lamar Jackson and other players to injury.

We think the Ravens gift the Steelers a win with no Lamar. Over is 3-11 for the Steelers this season, and the trend should be your friend in this situation. **Take under 41.**

Projected Score: Pittsburgh 17, Baltimore 16

We thank all of you for your patronage, and we're thrilled to bring you another winning NFL season. Gridiron Gold wishes all of you a very Merry and a Happy and Prosperous 2020 New Year!

PRO FOOTBALL BEST BET

OAKLAND + 4 Over Denver by 7

Oakland is heading into the game here with a win over the Chargers on the road. The win was not the cleanest, but it was one that saw the Raiders score 24 points and only allowed 17 points. The win allowed the Raiders to improve to 7-8 on the year with a dismal 2-5 away record.

The offense for the Raiders has been fairly weak with only 19.6 points a game being scored. The offense has gained a total of 366 yards a game. When it comes to playing defense the Raiders have given up 27.6 points a game, but have allowed a total of 384 yards a game.

The Broncos are heading into the game here after picking up a decent win over the Detroit Lions. The win came in Denver and it was only by 10 points, but it was a decent win for Denver who had their own struggles on the year. With that last win the Broncos improve their record to 6-9 on the year and have a 4-3 mark on their home field.

This year Denver has only managed to get 17.1 points a game scored. The Broncos have only managed to get 319 yards of total offense per game. The Broncos have allowed 20.3 points a game, but when the defense is on the field the Broncos have allowed only 350 yards a game.

Denver are 6-13 SU in their last 19 games.

While the Broncos are facing a struggling Raiders team at home, the Raiders do have a good chance of bringing home the win in this game. The Raiders picked up a solid win over the Chargers and have shown that they are a consistent team versus Denver who has shown time and time again to be inconsistent and unable to really do much in the games when faced with a difficult team.

The good news for Denver is the Raiders defense is horrible. Conversely, Denver has only managed 17.1 points a game offensively. That leads me to think the Raiders will win this and cover. We know the Raiders are a terrible road team, but we think Chuckie will want this game to finish the season off at 8-8. It's a choice of Carr over a rookie and Chuckie wanting to finish the season off on a good note. **Take the Raiders to win and cover.**

Projected Score: Oakland 24, Denver 17

PRO FOOTBALL BEST BET

LA RAMS - 7 Over Arizona by 14

The Cardinals are heading into the game here to face a Rams team that seems to have fallen so far this year. The Cardinals, though are sitting on a 5-9-1 record on the year and have only managed to score 337 points on the year while giving up 411 points. The last game on the field for the Cardinals was a 27-13 win over Seattle.

Kyler Murray is the quarterback who has led the Cardinals this year with 3279 yards and 17 touchdowns. The downside is Murray is also the leading rusher for the Cardinals with 504 yards on 85 carries and 4 touchdowns. Jordan Hicks is leading the Cardinals in tackles with 130 tackles. Chandler Jones has recorded 15 sacks. Hicks leads the Cardinals in picks as well with 3.

This year the Rams have not been that impressive on the year. The Rams need to win to finish over the five hundred mark on the year. The Rams have posted an 8-7 record on the year with 363 points scored and 340 points allowed. The Rams are in the midst of a 2 game losing streak with the last game being a 3 point loss to the 49ers.

The Rams have been led by Jared Goff who has thrown for 4319 yards and 19 touchdowns. Todd Gurley II leads the Rams in the rushing with 203 carries, but only 789 yards and 12 touchdowns. Cory Littleton has recorded 131 tackles to lead the Rams. The sack leader is Aaron Donald with 12.5 sacks. The picks leader is Troy Hill with only 2 picks.

The Rams are coming into the game with a great offense that has done decent on the year. The downside is the Cardinals are coming into the game after taking down the Seahawks. The Rams, though, are reeling with a couple of losses in the last few games. Look for the Rams to play some great ball here and actually be able to contain the Cardinals who rely on Murray way to much. We would not be a surprise to us if Murray sat this one out due to a hamstring injury.

The Cardinals had a signature road win last week against the Seahawks and that in itself was a nice finish for the season for the rookie coach and QB. Note that Arizona is 0-5 ATS in their last 5 games against LA Rams. We're going to back the Rams because they've had an extra day to prepare, want to finish above .500, have a great track record against the Cardinals and Murray may not play or may not be at his best due to a hamstring injury. **Take the Rams to win and cover.**

Projected Score: LA Rams 31, Arizona 17

We thank all of you for your patronage, and we're thrilled to bring you another winning NFL season.
Gridiron Gold wishes all of you a very Merry and a Happy and Prosperous 2020 New Year!

THIS WEEKS BEST BETS

	Best Bet	Best Bet	Best Bet	Best Bet	Best Bet
NFL	ATL Over 48	PIT Under 41	RAIDERS + 4	RAMS - 7	

2019 COLLEGE FOOTBALL BEST BETS END AT 45-36-2 56% A PROFITABLE 5.4 UNITS \$100 PLAYERS WIN \$540
NFL BEST BETS YEAR TO DATE ARE NOW 38-25-1 60% AND SHOOTING FOR OUR 60% GOAL FOR THE YEAR

GRIDIRON GOLD PRO FOOTBALL POWER RATINGS

TEAM	GPR	HF	TEAM	GPR	HF	TEAM	GPR	HF
ARIZONA	28	2	GREEN BAY	19	3	NY GIANTS	32	2
ATLANTA	26	2	HOUSTON	25	2	NY JETS	31	2
BALTIMORE	15	2	INDIANAPOLIS	26	2	OAKLAND	32	3
BUFFALO	23	2	JACKSONVILLE	35	2	PHILADELPHIA	27	3
CAROLINA	30	3	KANSAS CITY	18	2	PITTSBURGH	23	3
CHICAGO	26	3	LA CHARGERS	27	2	SAN FRANCISCO	19	3
CINCINNATI	32	2	LA RAMS	23	2	SEATTLE	18	3
CLEVELAND	27	2	MIAMI	33	2	TAMPA BAY	24	2
DALLAS	25	3	MINNESOTA	21	4	TENNESSEE	24	2
DENVER	27	3	NEW ENGLAND	20	3	WASHINGTON	30	2
DETROIT	33	3	NEW ORLEANS	18	3	Lower GPR is a stronger rating		

Lower Power Rating is the team with the higher power rating. Subtract HF advantage from points spread estimates.



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GRIDIRON GOLD NFL FOOTBALL LINE SHEET DECEMBER 29, 2019

Date/ET	Rot	Games	Line
12/29/19 1:00 ET	101 102	Tennessee Titans Houston Texans	49 -1.5
12/29/19 4:30 ET	103 104	Cleveland Browns Cincinnati Bengals	-2.5 45.5
12/29/19 8:15 ET	105 106	Chicago Bears Minnesota Vikings	41.5 -7
12/29/19 1:00 ET	107 108	Indianapolis Colts Jacksonville Jaguars	-4 43
12/29/19 1:00 ET	109 110	Atlanta Falcons Tampa Bay Buccaneers	50 -1.5
12/29/19 1:00 ET	111 112	Washington Redskins Dallas Cowboys	44 -10.5
12/29/19 1:00 ET	113 114	New Orleans Saints Carolina Panthers	-13 48
12/29/19 1:00 ET	115 116	Philadelphia Eagles New York Giants	-4.5 45.5
12/29/19 1:00 ET	117 118	Pittsburgh Steelers Baltimore Ravens	40.5 -1
12/29/19 1:00 ET	119 120	New York Jets Buffalo Bills	37 -1
12/29/19 4:05 ET	121 122	Miami Dolphins New England Patriots	45.5 -16
12/29/19 4:05 ET	123 124	Green Bay Packers Detroit Lions	-10 41.5
12/29/19 4:25 ET	125 136	Los Angeles Chargers Kansas City Chiefs	47 -7.5
12/29/19 4:25 ET	127 128	Arizona Cardinals Los Angeles Rams	49 -7
12/29/19 4:25 ET	131 132	Oakland Raiders Denver Broncos	42 -4
12/29/19 8:20 ET	129 130	San Francisco 49ers Seattle Seahawks	-5 45

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