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Dennis Stagliano's Best Bets Gridiron Gold Sheet Football Newsletter
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NFL Week 10, 2025



NFL Landscape:

Seahawks beat Commanders 38-14

Seattle (6-2) - QB Sam Darnold was brilliant, completing 21/24 (88%) for 330 yards, four touchdowns, and one interception. Most of that production (16/16, 282, 4, 0) came in a perfectly played first half. WR Jaxon Smith-Njigba caught eight of nine targets for 129 yards. WR Tory Horton caught all four of his targets for 48 yards and two touchdowns.

Washington (3-6) - QB Jayden Daniels accounted for 204 yards (153 passing, 51 rushing), one touchdown, and one interception before suffering a gruesome dislocated elbow in the quarter. X-rays on the injury came back negative (no fractures), so there's a chance it's not season-ending. He'll have an MRI today. RB Chris Rodriguez rushed for 65 yards and a touchdown on 12 carries (5.4 ypt).

Bills beat Chiefs 28-21

Buffalo (6-2) - QB Josh Allen was in MVP form, accounting for 292 yards (273 passing, 19 rushing), three touchdowns, and no interceptions. He completed 23/26 (88%). TE Dalton Kincaid caught all six of his targets for 101 yards and a touchdown. RB James Cook rushed for 114 yards on 27 carries (4.2 ypc).

Kansas City (5-4) - QB Patrick Mahomes was very inaccurate, completing just 15/34 (44%) for 250 yards, no touchdowns, and one interception. WR Rashee Rice accounted for 86 yards (80 receiving, 6 rushing) and a touchdown on six touches (14.3 ypt).

Vikings beat Lions 27-24

Minnesota (4-4) - QB JJ McCarthy was a productive game manager, accounting for 155 yards (143 passing, 12 rushing), three touchdowns, and one interception. He completed 14/25 (60%). WR Justin Jefferson caught six of nine targets for 47 yards and a touchdown. RB Aaron Jones was excellent — 98 scrimmage yards (78 rushing, 20 receiving) on 11 touches (8.9 ypt) — before exiting with shoulder and toe injuries.

Detroit (5-3) - QB Jared Goff completed 25/37 (68%) for 284 yards, two touchdowns, and no interceptions. His favorite targets were WR Amon-Ra St. Brown (9-97), TE Sam LaPorta (6-97-1), and WR Jameson Williams (4-66-1). RB Jahmyr Gibbs rushed for just 25 yards on nine carries (2.8 ypc).

Bears beat Bengals 47-42

Chicago (5-3) - QB Caleb Williams completed 20/34 (59%) for 280 yards, three touchdowns, and no interceptions. TE Colston Loveland caught six of seven targets for 118 yards and two touchdowns —

one of them a game-winner. RB Kyle Monangai had a breakout performance, totaling 198 scrimmage yards (176 rushing, 22 receiving) on 29 touches (6.8 ypt).

Cincinnati (3-6) - QB Joe Flacco did all he could, completing 31/47 (66%) for 470 yards, four touchdowns, and two interceptions. His favorite targets were WR Tee Higgins (7-121-2), WR Ja'Marr Chase (6-111), and RB Chase Brown (8-75). The Bengals' pathetic defense allowed 576 yards — the most in a single game this season.

Panthers beat Packers 16-13

Carolina (5-4) - QB Bryce Young (11/20, 102, 0, 1) did little. RB Rico Dowdle carried the offense, rushing for 130 yards and two touchdowns on 25 carries (5.2 ypc). K Ryan Fitzgerald made a game-winning 49-yard field goal.

Green Bay (5-2-1) - QB Jordan Love (26/37, 273, 0, 1) underwhelmed. WR Romeo Doubs caught seven of ten targets for 91 yards. RB Josh Jacobs rushed for 87 yards and a touchdown on 17 carries (5.1 ypc). Green Bay TE Tucker Kraft suffered a torn ACL in the third quarter.

Steelers beat Colts 27-20

Pittsburgh (5-3) - QB Aaron Rodgers was solid, completing 25/35 (71%) for 203 yards, one touchdown, and no interceptions. RB Jaylen Warren rushed for 31 yards and two touchdowns on 16 carries (1.9 ypc). The defense totaled five sacks, three interceptions, and three forced fumbles.

Indianapolis (7-2) - QB Daniels Jones (31/50, 342, 1, 3) had his worst performance of the season. His favorite targets were WR Michael Pittman (9-115), WR Alec Pierce (6-115), and WR Josh Downs (6-57-1). - RB Jonathan Taylor was bottled up, rushing for just 45 yards on 14 carries (3.2 ypc).

Patriots beat Falcons 24-23 -

New England (7-2) - QB Drake Maye completed 19/29 (66%) for 259 yards, two touchdowns, and an interception. WR Demario Douglas caught four of six targets for 100 yards and a touchdown. RB TreVeyon Henderson totaled 87 scrimmage yards (55 rushing, 32 receiving) on 18 touches (4.8 ypt).

Atlanta (3-5) - QB Michael Penix (22/37, 221, 3, 0) was effective. WR Drake London was phenomenal, catching nine of 14 targets for 118 yards and three touchdowns. RB Bijan Robinson totaled 96 scrimmage yards (46 rushing, 50 receiving) on 20 touches (4.8 ypt).

Broncos beat Texans 18-15

Denver (7-2) - QB Bo Nix was mostly ineffective, completing just 18/37 (49%) for 173 yards, two touchdowns, and one interception. He rushed for 36 yards on three carries. RB RJ Harvey caught all five of his targets for 51 yards and a touchdown. RB JK Dobbins rushed for 61 yards on 15 carries (4.1 ypc).

Houston (3-5) - QB CJ Stroud (6/10, 79, 0, 0) left in the second quarter with a concussion. Davis Mills (17/30, 137, 0, 0) struggled in relief. WR Nico Collins caught seven of 11 targets for 77 yards.

Rams beat Saints 34-10

Los Angeles (6-2) - QB Matthew Stafford was fantastic, completing 24/32 (75%) for 281 yards, four touchdowns, and no interceptions. His favorite targets were WR Puka Nacua (7-95-1) and WR Davante Adams (5-60-2). Nacua left in the third quarter with a ribs injury. After the game, Sean McVay told reporters the exit was precautionary. RB Kyren Williams rushed for 114 yards and a touchdown on 25 carries (4.6 ypc).

New Orleans (1-8) - QB Tyler Shough had an uninspiring first career start, completing 15/24 (63%) for 176 yards, one touchdown, and one interception. WR Rashid Shaheed caught five of nine targets for 68 yards.

49ers beat Giants 34-24

San Francisco (6-3) - QB Mac Jones was near perfect, completing 19/24 (79%) for 235 yards, two touchdowns, and no interceptions. WR Jauan Jennings caught four of five targets for 41 yards and a touchdown. RB Christian McCaffrey was a workhorse, totaling 173 scrimmage yards (106 rushing, 67 receiving) and two touchdowns on 32 touches (5.4 ypt).

New York (2-7) - QB Jaxson Dart played well, accounting for 247 yards (191 passing, 56 rushing), three touchdowns, and no interceptions. His favorite targets were WR Darius Slayton (5-62) and WR Wan'Dale Robinson (9-46).

Chargers beat Titans 27-20

Los Angeles (6-3) - QB Justin Herbert accounted for 307 yards (250 passing, 57 rushing), three touchdowns, and one interception. He completed 19/29 (66%). TE Oronde Gadsden caught all five of his targets for 68 yards. DE Odafe Oweh had two of the Chargers' four sacks.

Tennessee (1-8) - QB Cam Ward (12/21, 145, 0, 0) was inadequate again. RB Tyjae Spears totaled 62 scrimmage yards (26 rushing, 36 receiving) on ten touches (6.2 ypt).

Jaguars beat Raiders 30-29

Jacksonville (5-3) - QB Trevor Lawrence accounted for 244 yards (220 passing, 24 rushing), two touchdowns, and no interceptions. He completed 23/34 (68%). WR Parker Washington caught eight of nine targets for 90 yards. WR Brian Thomas Jr. (3-55) left in the fourth quarter with what appears to be a high ankle sprain. K Cam Little converted all three of his field goal attempts, one of them the longest in NFL history (68 yards).

Las Vegas (2-6) - QB Geno Smith had one of his best games of the season, completing 29/39 (74%) for 284 yards, four touchdowns, and one interception. TE Brock Bowers was unstoppable, catching 12 of 13 targets for 127 yards and three touchdowns. RB Ashton Jeanty totaled 89 scrimmage yards (42 rushing, 47 receiving) and a touchdown on 18 touches (4.9 ypt).

MNF - After losing five straight games by a combined margin of just 13 points, Arizona is desperate. Jacoby Brissett, averaging 300 passing ypg, picked apart Dallas' 31st-ranked secondary.

Houston Texans vs Jacksonville Jaguars

Line: Texans -1, O/U 38

The Texans survived a messy Week 9 road test against Denver and return home facing a Jacksonville squad that keeps finding new ways to beat itself. Even with C.J. Stroud briefly sidelined last week, Houston's defense held the Broncos to just 18 points and tightened up late — the exact kind of resiliency that travels into divisional play. Stroud cleared concussion protocol and should benefit from facing a Jaguars team that has forced only two turnovers in its last four games.

Jacksonville's issues continue to revolve around Trevor Lawrence's inconsistency under pressure. He's been hit or sacked on nearly 34% of drop backs since Week 6, and now faces a Texans front that ranks top 5 in adjusted sack rate at home. The Jaguars' offensive rhythm disappeared again, stalling repeatedly on third down (3-for-12). Houston's back end has also stiffened, limiting explosive passes (20+ yards) to just two over its past three outings.

Offensively, Bobby Slowik's balance remains the difference. Dameon Pierce and J.K. Dobbins combined for 130 rushing yards last week, and that ball control complements Stroud's efficiency. Expect the Texans to lean on tempo early, forcing Jacksonville's linebackers into coverage mismatches against Nico Collins and Dalton Schultz. The Jaguars' red-zone defense ranks 29th in opponent TD rate (72%), an area where Houston thrives with motion and misdirection.

This opening line is surprising. Especially, with Houston's ability to dictate flow and win time of possession. As long as the Texans avoid the turnover bug that plagued them in September, they should stretch away from a fading divisional rival.

TAKE: TEXANS -1

Chicago Bears vs New York Giants

Line: Bears -3.5, O/U 48

The Bears' wild 47-42 shootout win over Cincinnati underscored how dangerous Caleb Williams and this offense can be when rhythm and tempo click. Chicago piled up nearly 500 yards and scored on seven different possessions — and that came despite a blocked field goal and a pick-six nullified by replay. Williams' chemistry with Colston Loveland and D.J. Moore continues to grow, producing the team's first back-to-back 40-point outputs since 1985.

Defensively, Chicago remains erratic but opportunistic. They forced a late strip-sack that sealed last week's victory, and they'll face a Giants offense allowing sacks on over 11% of drop backs. With New York's offensive line still missing two starters and the Giants reverting to turnover-prone habits (three lost fumbles in the past two), Chicago's front seven could flip short fields all afternoon.

On the other side, the Giants' defense has fallen apart versus balanced attacks. Opponents are averaging 5.2 yards per rush and completing 69% through the air since Week 6. Chicago's running-back rotation — Khalil Herbert and Roschon Johnson — combined for 150 yards last week and should again control tempo.

This game points directly to pace. Both offenses operate top-10 in seconds per snap and each defense ranks bottom-six in red-zone stops. Combine that with perfect November weather at Soldier Field and two quarterbacks willing to push vertically, and this sets up as another high-scoring affair.

TAKE: OVER 48

Detroit Lions @ Washington Commanders

Line: Lions – 10, O/U 50

Detroit's second straight flat performance raises red flags. After losing key field-position battles in Minnesota, the Lions now travel east against a Washington team that suddenly rediscovered offensive rhythm in a 38-14 blowout of the Redskins' (now Commanders) mirror image. The Commanders, despite their record, continue to move the ball efficiently behind Jayden Daniels' dual-threat ability — averaging over 6.3 yards per play the past two weeks. Daniels is a long shot to return this week due to an elbow injury in Seattle. Nevertheless, Mariota is a capable QB.

Detroit's defense has quietly regressed. Since Week 6, opponents are converting 47% on third down and averaging 9.1 yards per pass attempt against their secondary. Aidan Hutchinson's pressure rate has dipped as double-teams increase, and without consistent containment, mobile quarterbacks have burned Detroit repeatedly. That sets up poorly against Daniels' or Mariotta's improvisation.

Offensively, Jared Goff continues to lean heavily on Sam LaPorta and short routes; defenses are keying on those tendencies. The Vikings' interior pass rush collapsed Goff's pocket all game, and Washington's front — while inconsistent — has the speed to generate similar interior pressure. With Detroit laying more than a touchdown on the road, the situational value swings sharply toward the home dog.

The line signals a significant overpricing of Detroit's power rating after early-season success. Washington should stay within a score by controlling possession with RPO looks and Daniels' or Mariota's legs.

TAKE: COMMANDERS + 10

Buffalo Bills @ Miami Dolphins

Line: Bills –9.5, O/U 50

Buffalo handled Kansas City with measured aggression — dominating early with vertical strikes, then coasting after halftime. The final score (28-21) undersells how comfortable the win truly was. Josh Allen's efficiency (11.2 yards per attempt) and the balance from James Cook helped the Bills post 400+ yards for a fifth time this season.

The rematch with Miami feels lopsided on paper but dangerous coming off an emotional win. The Dolphins' offense collapsed in Baltimore, failing to sustain a single drive after halftime and going 2-for-12 on third down. Tua Tagovailoa's timing remains off, and without rhythm, the Dolphins big-play impact evaporates. Buffalo's defensive front has quietly become elite again as a top-five pressure unit.

Where Buffalo should separate is physicality. The Dolphins have been out-gained by 150+ rushing yards over their past three games, while the Bills are averaging 4.9 yards per carry in that span. Expect coordinator Joe Brady to continue mixing heavy personnel and designed Allen runs to exploit Miami's soft interior.

Buffalo will win using a controlled, ground-dominated game script. Given Miami's recent penalty surge and defensive fatigue, Buffalo's depth advantage looms large. This could mirror the Week 4 blowout from last season more than Miami's home upsets of 2023. Bills will run roughshod over the Dolphins like a herd of Buffalo's.

TAKE: BILLS –9.5

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Las Vegas Raiders @ Denver Broncos

Line: Broncos -9, O/U 42

Denver's defense looked dominant again, holding Houston to just 15 points and tightening in the red zone. The Raiders' offensive rhythm remains erratic and their line continues to lose one-on-one matchups in pass protection. With Bo Nix benefiting from a healthy run game, Denver's balance should wear down a fading Las Vegas front.

TAKE: BRONCOS -9

Atlanta Falcons vs Indianapolis Colts (London)

Line: Colts -5.5, O/U 48

Indianapolis' offense stalled last week thanks to turnovers, but the Falcons' defense is allowing over 6 yards per play on the road. Drake Maye's growing poise and the Patriots' ground success last week exposed Atlanta's tackling issues. Expect Indy's rushing duo to control tempo and pull away late behind a cleaner turnover margin.

TAKE: COLTS -5.5

New Orleans Saints @ Carolina Panthers

Line: Panthers -5.5, O/U 40

Carolina finally showed fight by pounding the ball for nearly 200 yards in Green Bay. New Orleans has struggled all year sustaining drives and protecting the football, now facing a defense fresh off its best tackling effort. With a patient run plan, Carolina should grind another close, low-scoring win.

TAKE: PANTHERS -5.5

Baltimore Ravens @ Minnesota Vikings

Line: Ravens -3.5, O/U 48

Lamar Jackson's return brought stability, but the Ravens still lack big-play explosiveness. Minnesota's defense has quietly forced six fumbles in its last three games and thrives at home in passing-down pressure. J.J. McCarthy's composure and a revived running game give the Vikings a solid path to another outright home upset.

TAKE: VIKINGS +3.5

Cleveland Browns @ New York Jets

Line: Jets -2, O/U 37

The Browns' defense remains elite against the run, ranking top-three in yards allowed per carry. New York's offense is averaging only 15 points per game over the past month and continues to suffer from protection breakdowns. If Cleveland avoids self-inflicted turnovers, its front four should dictate field position throughout.

TAKE: BROWNS +2

New England Patriots @ Tampa Bay Buccaneers

Line: Buccaneers -2.5, O/U 48

Drake Maye's emergence has turned New England's offense from predictable to dynamic, while Tampa Bay's secondary has been torched for 300+ yards in three straight games. The Patriots' balanced rushing attack can keep Maye in favorable down-and-distance spots. Look for another crisp

showing from a team gaining late-season confidence.

TAKE: PATRIOTS +2.5

Arizona Cardinals @ Seattle Seahawks

Line: Seahawks -6.5, O/U 45

Arizona's upset of Dallas showcased an efficient, mistake-free formula under Jacoby Brissett. Seattle's defense continues to struggle defending the perimeter, allowing a 71% completion rate since Week 7. If the Cardinals sustain their third-down efficiency from last week (7-of-13), they can again stay inside the number.

TAKE: CARDINALS +6.5

Los Angeles Rams @ San Francisco 49ers

Line: Rams -3.5, O/U 50

The Rams looked sharp on both sides of the ball, controlling possession for over 43 minutes versus New Orleans. San Francisco's defense remains vulnerable to the run, giving up 4.8 yards per carry during its recent slide. Matthew Stafford's timing with Puka Nacua and Kyren Williams' ground support give Los Angeles the upper hand.

TAKE: RAMS -3.5

Pittsburgh Steelers @ Los Angeles Chargers (SNF)

Line: Chargers -3, O/U 46

Pittsburgh's opportunistic defense forced five turnovers last week, but the Chargers' offense has allowed only three giveaways over their last four. Justin Herbert's protection improved dramatically once Joe Alt returned, and his mobility negates Pittsburgh's edge rush. Well, Joe Alt is out again, so we can expect the Steelers to pressure Herbert all night. Expect this one to be a Pittsburgh style street fight and would not be surprised if this game was low scoring. **Get our guaranteed SNF side**

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TAKE: UNDER 45

Philadelphia Eagles @ Green Bay Packers (MNF)

Line: Packers -2.5, O/U 44.5

Green Bay's defense quietly reestablished its identity in the loss to Carolina, allowing just 16 points despite poor field position and offensive miscues. The Packers' front seven has been disruptive at home, producing 10 sacks over their past two Lambeau starts. Philadelphia's offensive line continues to struggle in pass protection, yielding pressure on 32% of Jalen Hurts' drop backs since Week 6. If the Packers can limit quarterback runs and control tempo with Josh Jacobs' downhill attack, they should grind the clock down. Therefore, this looks like a defensive struggle under the lights. **Get our**

guaranteed SNF side pick [CLICK HERE](#)

TAKE: UNDER 45





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