



NFL Landscape:

Bills beat Patriots 23-20

New England (3-2)

QB Drake Maye completed 22/30 (73%) for 273 yards, no touchdowns, and no interceptions.
WR Stefon Diggs had a satisfying revenge game, catching ten of 12 targets for 146 yards.
RB Rhamondre Stevenson was ineffective — 2.0 ypc and a fumble — but scored two touchdowns.

Buffalo (4-1)

QB Josh Allen accounted for 306 yards (253 passing, 53 rushing), two touchdowns, and an interception. He completed 22/31 (71%).
TE Dalton Kincaid had a nice night, catching all six of his targets for 108 yards.
RB James Cook was bottled up, rushing for just 49 yards on 15 carries (3.3 ypc).

Buccaneers beat Seahawks 38-35

Tampa Bay (4-1)

QB Baker Mayfield was phenomenal, completing 29/33 (88%) for 379 yards, two touchdowns, and no interceptions.
WR Emeka Egbuka strengthened his OROY candidacy with a seven-catch, 163-yard, one-touchdown performance.
LB Lavonte David had a late interception that set up a game-winning field goal by Chase McLaughlin.

Seattle (3-2)

QB Sam Darnold was brilliant (28/34, 341, 4, 1), outside of the interception. He completed 28/34 (82%).
WR Jaxon Smith-Njigba caught eight of nine targets for 132 yards and a touchdown.
TE AJ Barner caught all seven of his targets for 53 yards and two touchdowns.

Broncos beat Eagles 21-17

Denver (3-2)

QB Bo Nix was choppy for most of the game, but had a great fourth quarter. He completed 24/39 (62%) for 242 yards, one touchdown, and no interceptions.

WR Courtland Sutton caught eight of ten targets for 99 yards.
RB JK Dobbins rushed for 79 yards and a touchdown on 20 carries (4.0 ypc).

Philadelphia (4-1)

QB Jalen Hurts played worse than his stat line (23/38, 280, 2, 0).
WR DeVonta Smith caught eight of ten targets for 114 yards.
RB Saquon Barkley totaled 88 yards and one touchdown on nine touches (9.8 ypt). It's unclear why he was not used more.

Commanders beat Chargers 27-10

Washington (3-2)

QB Jayden Daniels accounted for 270 yards (231 passing, 39 rushing), one touchdown, and no interceptions. He completed just 15/26 (58%).
WR Deebo Samuel caught eight of 11 targets for 96 yards and a touchdown.
RB Bill Croskey-Merritt was fantastic, totaling 150 scrimmage yards (111 rushing, 39 receiving) and two touchdowns on 16 touches (9.4 ypt).

Los Angeles (3-2)

QB Justin Herbert struggled (22/29, 166, 1, 1) as a passer without adequate pass protection.
WR Ladd McConkey caught five of seven targets for 39 yards and a touchdown.
RB Omarion Hampton totaled 70 scrimmage yards (44 rushing, 26 receiving) on 18 touches (3.9 ypt) before exiting in the third quarter with an ankle injury. He was spotted in a walking boot after game, indicating he'll likely miss time.

Texans beat Ravens 44-10

Houston (2-3)

QB CJ Stroud was near perfect, completing 23/26 (88%) for 244 yards, four touchdowns, and no interceptions.
RB Nick Chubb rushed for 61 yards and a touchdown on 11 carries (5.5 ypc).
DB Jalen Pitre had two interceptions.

Baltimore (1-4)

QB Cooper Rush (14/20, 179, 0, 3) was horrible.
RB Derrick Henry rushed for 33 yards and a touchdown on 15 carries (2.2 ypc).
HC John Harbaugh is not interested in firing DC Zach Orr.

Cowboys beat Jets 37-22

Dallas (2-2-1)

QB Dak Prescott was excellent, completing 18/29 (62%) for 237 yards, four touchdowns, and no interceptions.
WR Ryan Floutney had a breakout game, catching six of nine targets for 114 yards.
RB Javonte Williams rushed for 135 yards and a touchdown on 16 carries (8.4 ypc) — and caught an additional touchdown.

New York (0-5)

QB Justin Fields padded his stats (18/29, 237, 4, 0) in the fourth quarter.

His favorite targets were WR Garrett Wilson (6-71-1) and TE Mason Taylor (9-67).

RB Breece Hall totaled 155 scrimmage yards (113 rushing, 42 rushing) on 18 touches (8.6 ypt).

Titans beat Cardinals 22-21

Tennessee (1-4)

QB Cam Ward had his best game as a pro, completing 21/39 (54%) for 265 yards, no touchdowns, and one interception.

WR Calvin Ridley caught five of ten targets for 131 yards.

The Titans were down 21-6 in the fourth quarter. Joey Slye hit a game-winning 29-yard field goal as time expired.

Arizona (2-3)

Kyler Murray accounted for 245 yards (220 passing, 25 rushing), one touchdown, and no interceptions. He completed 23/31 (74%).

His favorite targets were WR Marvin Harrison Jr. (4-98) and TE Trey McBride (5-41).

RB Emari Demercado fumbled on a premature touchdown celebration, wasting a 71-yard rush.

Colts beat Raiders 40-6

Indianapolis (4-1)

QB Daniel Jones was highly effective (20/29, 212, 2, 0).

TE Tyler Warren caught all four of his targets for 44 yards and a touchdown.

RB Jonathan Taylor totaled 86 scrimmage yards (66 rushing, 20 receiving) and three touchdowns on 20 touches (4.3 ypt)

Las Vegas (1-4)

QB Geno Smith (25/36, 228, 0, 2) had another bench-worthy performance.

RB Ashton Jeanty totaled 119 scrimmage yards (67 rushing, 42 receiving) on 19 touches (6.3 ypt).

Panthers beat Dolphins 27-24

Carolina (2-3)

QB Bryce Young (19/30, 198, 2, 1) was somewhat effective.

WR Tet McMillan caught six of eight targets for 73 yards.

RB Rico Dowdle had the game of his life, totaling 234 scrimmage yards (206 rushing, 28 receiving) and a touchdown on 26 touches (9.0 ypt).

Miami (1-4)

QB Tua Tagovailoa completed 26/36 (72%) for 256 yards, three touchdowns, and no interceptions.

His favorite targets were WR Jaylen Waddle (6-110-1), TE Darren Waller (5-78-1), and RB De'Von Achane (6-30-1).

Vikings beat Browns 21-17

Minnesota (3-2)

QB Carson Wentz started slow, but had a strong second half. He completed 25/34 (74%) for 236 yards, one touchdown, and no interceptions.

His favorite targets were WR Justin Jefferson (7-123) and WR Jordan Addison (5-41-1).

RB Jordan Mason rushed for 52 yards and a touchdown on 13 carries (4.0 ypc).

Cleveland (1-4)

QB Dillon Gabriel had a moderately impressive debut, completing 19/33 (58%) for 190 yards, two touchdowns, and no interceptions.

TE David Njoku caught six of nine targets for 67 yards and a touchdown.

RB Quinshon Judkins totaled 128 scrimmage yards (110 rushing, 18 receiving) on 24 touches (5.3 ypt).

Lions beat Bengals 37-24

Detroit (4-1)

QB Jared Goff was flawless, completing 19/23 (83%) for 258 yards, three touchdowns, and no interceptions.

His favorite targets were WR Amon-Ra St. Brown (8-100) and TE Sam LaPorta (5-92-1).

RB David Montgomery had a rushing touchdown and a passing touchdown.

Cincinnati (2-3)

QB Jake Browning padded his stats (26/40, 251, 3, 3) in the fourth quarter — he did not look like an NFL-caliber player in the first three.

His favorite targets were WR Ja'Marr Chase (6-110-2) and WR Andrei Iosivas (5-82).

Saints beat Giants 26-14

New Orleans (1-4)

QB Spencer Rattler completed 21/31 (68%) for 225 yards, one touchdown, and no interceptions.

WR Rashid Shaheed caught four of five targets for 114 yards and a touchdown.

CB Kool-Aid McKinstry had two interceptions.

New York (1-4)

QB Jaxson Dart accounted for 257 yards (202 passing, 55 rushing), two touchdowns, and two interceptions. He completed 26/40 (65%).

RB Cam Skattebo totaled 104 scrimmage yards (59 rushing, 45 receiving) on 21 touches (5.0 ypt).

Lawrence, Jaguars stun Chiefs 31-28

Lawrence rushed for a game-winning touchdown with 23 seconds left. He was tripped by an offensive lineman at the start of the play and fell to the ground — but somehow got up untouched and found the end zone. The game-winning drive went 52 yards in 1:22.

Lawrence accounted for 275 yards (221 passing, 54 rushing), three touchdowns, and one interception. He completed 18 of 25 passes (72%).

Jacksonville linebacker Devin Lloyd had a 99-yard pick-six and currently leads the NFL with four interceptions.

Patrick Mahomes played well, accounting for 378 yards (318 passing, 60 rushing), two touchdowns, and one interception. He completed 29 of 41 passes (71%).

Kansas City got nice performances from Kareem Hunt (57 scrimmage yards, two touchdowns) and Travis Kelce (7-61-1).

Saquon Barkley dealing with knee soreness

Barkley was listed as a non-participant on Monday's estimated injury report with a knee injury. The Eagles play the Giants on Thursday night.

Multiple reports indicate that the issue is simple "soreness" and not a structural injury. The expectation is that Barkley will play this week.

The soreness could explain why Barkley was limited to just nine touches in the Eagles' loss to the Broncos on Sunday.

Barkley is averaging just 3.2 yards per carry this season, versus 5.8 in 2024.

Chargers place Omarion Hampton (ankle) on IR

Hampton has an ankle injury and will miss at least four games.

The first rounder has 450 scrimmage yards (314 rushing, 136) and two touchdowns on 86 touches (5.2 ypt) in five games.

He is third in the NFL in scrimmage yards since Week 3, trailing only Puka Nacua and Christian McCaffrey.

The Chargers will turn to Hasan Haskins and Kimani Vidal. Undrafted rookie Amar Johnson is likely to be called up from the practice squad.

Jim Harbaugh said the team will explore external replacements. Two potential options could be Breece Hall (Jets are 0-5) and Alvin Kamara (Saints are 1-4).

CeeDee Lamb (ankle) nearing return

During a radio appearance, Cowboys EVP Stephen Jones included Lamb in a group of players who could return within the next two weeks. Week 7 return for Lamb appears more likely than Week 6.

The others are Tyler Booker (ankle), Tyler Smith (knee), Tyler Guyton (concussion), and KaVontae Turpin (foot).

The Cowboys have scored a league-best 77 points in two games without Lamb (and most of the starting offensive line). Dallas has gotten fantastic production out of Javonte Williams (seventh in scrimmage yards, tied for second in total touchdowns) and Jake Ferguson (second in catches).

PRO FOOTBALL BEST BETS

1:00 PM ET — Arizona at Indianapolis -6.5 / 47.5

Indianapolis has quietly turned into one of the league's most consistent, physical teams — one built to win in the trenches. The Colts' offensive line dominated last week, paving the way for Jonathan Taylor and giving Daniel Jones clean pockets to make his reads. They've converted over 55% of third downs in their last two games, while the defense has allowed only one touchdown in the second half during that span. That type of situational control defines winning football, especially against undisciplined opponents.

Arizona, on the other hand, remains an enigma. The Cardinals jump out fast, then self-destruct. Last week they built a 21-3 lead and then completely collapsed due to poor play-calling, turnovers, and missed tackles. The inability to finish drives and protect their quarterback has become a recurring problem. When pressure mounts, Arizona's offense loses structure and often resorts to desperation throws or blown protections.

The Colts' balance on both sides of the ball should prove decisive. Expect them to pound Taylor early, mix in play-action shots to Pittman Jr., and slowly wear down a fatigued Arizona defense. With superior coaching, a deeper roster, and better execution in all three phases, Indianapolis should pull away in the second half.

TAKE: INDIANAPOLIS -6.5

1:00 PM ET — Cleveland at Pittsburgh -4.5 / 37.5

Pittsburgh's formula for winning hasn't changed in decades: play elite defense, win field position, and make fewer mistakes than your opponent. This version of the Steelers does that as well as anyone. Their defensive front, led by relentless edge pressure, continues to overwhelm offensive lines. Opponents are averaging just 3.3 yards per carry against them, and the Steelers have forced multiple turnovers in four of five games. Even when the offense stalls, the defense delivers short fields or points off takeaways.

Cleveland, meanwhile, keeps tripping over itself. Their quarterback play has been erratic, their offensive line protection poor, and their play-calling too conservative when they fall behind. Despite flashes of defensive toughness, the constant pressure on that unit wears it down late in games. The Browns simply don't have the offensive rhythm or discipline to handle a defense as physical and opportunistic as Pittsburgh's.

This projects as a typical AFC North grind — low scoring, heavy on punts, and decided by the better-coached, more composed team. The Steelers' experience in close games, combined with their edge at quarterback and defensive reliability, gives them the upper hand. Expect a tight first half, then Pittsburgh's defense to tilt the field in their favor after halftime.

TAKE: PITTSBURGH -4.5

1:00 PM ET — LA Chargers -4.5 / 44.5 at Miami

The Chargers enter Week 6 looking like a team on the rise. Justin Herbert has regained his rhythm, the offensive line has improved in pass protection, and the defense is playing with renewed energy. The key has been offensive tempo — Los Angeles is getting to the line quickly, allowing Herbert to diagnose coverages and exploit matchups before defenses adjust. The result: cleaner execution, fewer negative plays, and a passing attack capable of sustaining long drives.

Miami's defense, by contrast, remains inconsistent. They've allowed too many chunk plays off play-action and continue to struggle with tackling in space. Their offense, while explosive, is prone to droughts when forced into long fields. The Dolphins' protection issues have been magnified against teams that can generate pressure without blitzing, and the Chargers' front four is finally healthy enough to do exactly that.

Los Angeles holds the advantage at quarterback, in the trenches, and in overall depth. Expect Herbert to lean on quick timing routes early, stretch Miami's zones horizontally, and hit vertical seams once the defense bites. With superior red-zone efficiency and defensive balance, the Chargers have every tool to control this matchup from start to finish.

TAKE: LA CHARGERS -4.5

4:25 PM ET — San Francisco at Tampa Bay -3 / 47.5

Tampa Bay's rise this season has been no fluke — this team plays fundamentally sound football in every phase. Baker Mayfield has settled into his role perfectly, managing the pocket, minimizing mistakes, and spreading the ball to a deep receiver corps. His chemistry with Chris Godwin and Cade Otton has opened the middle of the field, while Rachaad White's decisive running keeps defenses honest. The Buccaneers have scored on 10 of their last 13 red-zone trips, one of the best rates in the league.

San Francisco, by contrast, looks battered and out of rhythm. They've been without multiple offensive weapons and defensive leaders, and it's showing. Their pass protection has been inconsistent, and their defense has given up big plays in coverage when forced to blitz. The 49ers' offense has also grown stagnant in the second half of games, averaging just 7.5 points after halftime the last three weeks.

Tampa Bay's home-field edge and depth advantage make this a favorable spot. Expect their defense to pressure backup linemen, force short fields, and let Mayfield operate comfortably off play-action. The Buccaneers are the healthier, sharper, and more composed team — and that should carry them to another decisive win.

TAKE: TAMPA BAY -3

PRO FOOTBALL QUICK PICKS

Thu 8:20 PM ET — Philadelphia -7 / 41.5 at NY Giants

Philadelphia has controlled this rivalry, winning seven of the last eight meetings, but recent red-zone struggles have kept opponents hanging around. The Giants' defense has stiffened at home, particularly against the run, which may force the Eagles into longer drives. All this leads to a defensive battle where points will be at a premium. A hard hitting NFL East defensive battle.

TAKE: UNDER 41.5 [Get our guaranteed side pick here](#)

Sun 9:30 AM ET — Denver -7.5 / 43.5 vs NY Jets

Bo Nix's poise and Denver's improving line play have steadied the Broncos, but they're still inconsistent offensively. The Jets' defensive front can disrupt rhythm throws and contain the run, keeping this lower scoring than expected. Expect long possessions and few explosive plays in London. **TAKE: UNDER 43.5**

1:00 PM ET — New England -3.5 / 45.5 at New Orleans

New England's rookie quarterback continues to settle in, supported by an efficient short passing game and a defense allowing just 17 points per game over the last three. New Orleans, meanwhile, can't generate sustained offense, ranking near the bottom in third-down conversions. With cleaner execution and home-field control, the Patriots hold the edge. **TAKE: NEW ENGLAND -3.5**

1:00 PM ET — Dallas -3.5 / 49.5 at Carolina

Dallas rebounded strongly last week, and Dak Prescott's timing with his receivers looks sharp again. The defense remains the difference-maker, creating havoc off the edge and tightening in the red zone. Carolina's offense has struggled to sustain drives and protect Bryce Young against top-tier pressure fronts. **TAKE: DALLAS -3.5**

1:00 PM ET — Seattle at Jacksonville -1.5 / 46.5

Jacksonville's comeback win last week was fueled by Trevor Lawrence's composure and late-game mobility. Seattle brings more balance, with a revived running game and a defense that's forcing turnovers. Expect both offenses to find rhythm early, but Jacksonville's ability to extend plays and score off-script gives them the edge. **TAKE: JACKSONVILLE -1.5**

1:00 PM ET — Cleveland at Pittsburgh -4.5 / 37.5

Pittsburgh's front seven continues to dictate games, ranking top five in sacks and turnovers forced. Cleveland's offense remains mistake-prone and inefficient on third downs. The Steelers' defense should once again dominate field position in a low-scoring slugfest. **TAKE: PITTSBURGH -4.5**

1:00 PM ET — LA Rams -7.5 / 44.5 at Baltimore

Matthew Stafford's accuracy issues resurfaced last week, and Baltimore's defense looks primed for a bounce-back performance. Lamar Jackson's playmaking and the Ravens' running attack should keep them ahead of schedule on early downs. Baltimore's home-field advantage matters here. **TAKE: BALTIMORE +7.5**

4:05 PM ET — Tennessee at Las Vegas -4.5 / 41.5

Las Vegas continues to lean on strong red-zone efficiency and timely defensive plays. Tennessee's offense struggles to finish drives and remains overly reliant on the run. Expect the Raiders' defense to key on early downs and create enough turnovers to separate late. **TAKE: LAS VEGAS -4.5**

4:25 PM ET — Cincinnati at Green Bay -14.5 / 44.5

Green Bay's defense has dominated weaker offensive lines, but this is a steep number for a team still inconsistent on offense. Cincinnati's aerial attack can find soft spots once the Packers drop into prevent. Look for a backdoor cover opportunity. **TAKE: CINCINNATI +14.5**

8:20 PM ET — Detroit at Kansas City -1.5 / 50.5

Detroit's physicality and offensive line give them staying power on the road. Kansas City has been less explosive this year, relying more on long drives. The Lions' run game can control tempo and make this a four-quarter fight. **TAKE: DETROIT +1.5**

Mon 7:15 PM ET — Buffalo -4.5 / 48.5 at Atlanta

Buffalo's defense remains strong, but its offense still starts slow. Atlanta's heavy run game can keep Josh Allen on the sideline and shorten possessions. This sets up for an under total game.

TAKE: UNDER 48.5 [Get our guaranteed side pick here](#)

Mon 8:15 PM ET — Chicago at Washington -4.5 / 50.5

Washington's defense has found a rhythm, and their quarterback play is steady. Chicago's secondary has been a weakness, and its offense lacks balance. The Commanders' edge pressure and play-action attack should wear them down. Nevertheless, this total seems too high. **TAKE: UNDER 50.5**

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THIS WEEKS GRIDIRON GOLD SHEET BEST BETS

	Best Bet	Best Bet	Best Bet	Best Bet
NFL	COLTS - 6.5	STEELERS - 4.5	CHARGERS - 4.5	BUCCANEERS - 3

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